



Men's Health Resource

Websites to assist men and their families locate services.
Included are local, state and national links from government and
community organisations.

If you would like to add a website or find that a link is no longer working or leads to content that is not related to men's health or is inappropriate, please contact us at [Gifts for Blokes](http://www.giftsforblokes.com.au) and we will update the resource.

Thank you to everyone who contributed links.

The Men's Health resource has been compiled using two lookup methods. Sometimes you may know the name of the organisation and you can use the easy A-Z alphabetical listing links. However sometimes you may be in need of help in a particular area of mens health but are unsure of where to find help. So we have created health groups to assist you to locate services.

Click on the relevant section link or alphabetical link below.

Health Services by Group

[Physical Health](#)

[Mental Health](#)

[Aged Care and Ageing](#)

[Social groups and Wellbeing](#)

Alphabetical listing of Services

[A – E](#)

[F – J](#)

[K – O](#)

[P – Z](#)

Physical Health

Andrology Australia

www.andrologyaustralia.org

Andrology :The study of the functions and diseases specific to males, especially of the reproductive organs. The equivalent to **gynecology** for women.

Cancer Council of Australia

www.cancer.org.au

Continence Foundation of Australia (CFA)

www.contfound.org.au

Fit for Life Online – Men's Health & Fitness Articles/resources

www.fitforlifeonline.com.au/menshealthandfitness.html

Foundation 49

www.49.com.au

Heart Foundation

www.heartfoundation.com.au

Movember – Australia

<http://au.movember.com>

National Breast Cancer Foundation (NBCF)

www.nbcf.org.au

Prostate Cancer Foundation of Australia (PCFA)

www.prostate.org.au

Prostate (Cancer) Support Awareness – Adelaide Group

<http://www.psaadelaide.org>

Prostate Cancer Website – Lions Club Australia

<http://www.prostatehealth.org.au>

Mental Health

Beyondblue

www.beyondblue.org.au

Bluehackers

<http://bluehackers.org>

Dads in Distress

<http://dadsindistress.asn.au>

Mensline

www.menslineaus.org.au

Mental Health Council of Australia (MHCA)

<http://www.mhca.org.au>

Working Well

<http://www.workingwell.org.au>

Aged Care and Ageing

Aged Care Australia

www.agedcareaustralia.gov.au

Alzheimer's Australia

www.alzheimers.org.au

Blue Care Queensland

www.bluecare.org.au

Department of Health and Ageing (DHA)

www.health.gov.au

Department of Veterans Affairs (VA) including Veterans' Home Care

www.dva.gov.au

Home and Community Care Program (HACC)

www.health.gov.au/internet/wcms/Publishing.nsf/Content/hacc-index.htm

National Aged Care Alliance

www.naca.asn.au

Social groups and Wellbeing

ARPA Over 50s Association

www.over50sonline.com.au

Australian Federation of Men's Health and Wellbeing Associations

www.menshealthandwellbeing.org.au

COTA Over 50s

www.cotavic.org.au

Dads Flying Solo

<http://www.dadsflyingsolo.com>

Fatherhood Foundation

<http://www.fathersonline.org>

Men's Advisory Network (M.A.N. WA)

www.man.org.au

Men's Health and Wellbeing Association Queensland

www.menshealthandwellbeing.org.au

Mensheds Australia

www.mensshed.org

Men's Sheds and Community Men's Sheds Conference

Free advice for setting up men's shed groups

www.mensshed.org

National Seniors

www.nationalseniors.com.au

Alphabetical Listings

A - E

Aged Care Australia

www.agedcareaustralia.gov.au

Alzheimer's Australia

www.alzheimers.org.au

Andrology Australia

www.andrologyaustralia.org

Andrology :The study of the functions and diseases specific to males, especially of the reproductive organs. The equivalent to **gynecology** for women.

ARPA Over 50s Association

www.over50sonline.com.au

Australian Federation of Men's Health and Wellbeing Associations

www.menshealthandwellbeing.org.au

Beyondblue

www.beyondblue.org.au

Blue Care Queensland

www.bluecare.org.au

Bluehackers

<http://bluehackers.org>

Cancer Council of Australia

www.cancer.org.au

Continence Foundation of Australia (CFA)

www.confound.org.au

COTA Over 50s

www.cotavic.org.au

Dads Flying Solo

<http://www.dadsflyingsolo.com>

Dads in Distress

<http://dadsindistress.asn.au>

Department of Health and Ageing (DHA)

www.health.gov.au

Department of Veterans Affairs (VA) including Veterans' Home Care

www.dva.gov.au

F – J

Fatherhood Foundation

<http://www.fathersonline.org>

Fit for Life Online – Men's Health & Fitness Articles/resources
www.fitforlifeonline.com.au/menshealthandfitness.html

Foundation 49
www.49.com.au

Heart Foundation
www.heartfoundation.com.au

Home and Community Care Program (HACC)
www.health.gov.au/internet/wcms/Publishing.nsf/Content/hacc-index.htm

K - O

Men's Advisory Network (M.A.N. WA)
www.man.org.au

Men's Health and Wellbeing Association Queensland
www.menshealthandwellbeing.org.au

Mensheds Australia
www.mensshed.org/

Men's Sheds and Community Men's Sheds Conference
Free advice for setting up men's shed groups
www.mensshed.org

Mensline
www.menslineaus.org.au

Mental Health Council of Australia (MHCA)
<http://www.mhca.org.au>

Movember – Australia
<http://au.movember.com>

National Aged Care Alliance
www.naca.asn.au

National Breast Cancer Foundation (NBCF)
www.nbcf.org.au

National Seniors
www.nationalseniors.com.au

P – Z

Prostate Cancer Foundation of Australia (PCFA)

www.prostate.org.au

Prostate (Cancer) Support Awareness – Adelaide Group

<http://www.psaadelaide.org>

Prostate Cancer Website – Lions Club Australia

<http://www.prostatehealth.org.au>

Working Well

<http://www.workingwell.org.au>

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Please [contact us](#) if you would like to place this resource on your website.

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